THERE’S NO SUBSTITUTE FOR BEING PREPARED!

Use the checklist on the reverse side to assemble your Emergency Storm Kit!
The best time to prepare for a power outage is when there is no threat of a storm.

Use this checklist to assemble your emergency storm kit.

- Flashlights and fresh batteries.
- Battery-powered radio or TV and extra batteries.
- Land-line phone with cord (cordless phones require electricity).
- Battery-powered or windup alarm clock.
- Supply of bottled water (one gallon per person per day).
- Non-perishable foods that require no heating.
- Blankets, bedding or sleeping bags.
- First-aid kit and prescription medications.
- Hand-operated can opener.
- Special items for infants, the elderly or family members with special needs.
- A variety of hand tools.
- List of emergency and REC phone numbers.
- Identification and copies of important family documents in a waterproof container.
- Cash (ATM’s may be unavailable).

Visit www.myrec.coop/stormprep to learn more about how you can prepare yourself and your family for a power outage.

Rappahannock Electric Cooperative
A Touchstone Energy Cooperative