

2021

Resolve to Rein in Your Energy Use



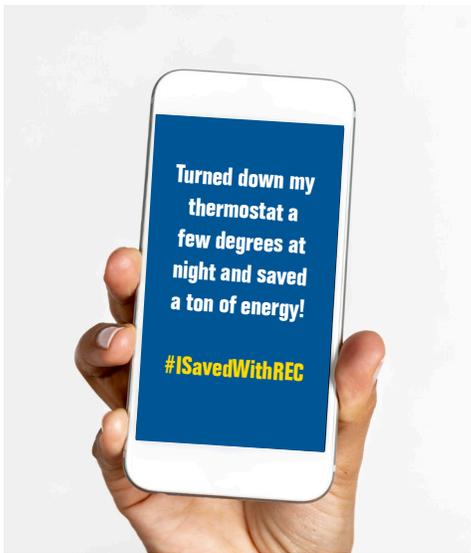
Rappahannock
Electric Cooperative

A Touchstone Energy® Cooperative

RECNEWS

January 2021

A new year brings a fresh start and, often, resolutions to improve. If you are making a list for 2021, here is an important suggestion we encourage you to add: **Save energy and reduce your electric bill.**



#GETSOCIAL!

Share Your Energy-Saving Successes:
Tag us online with **#ISavedWithREC**

Find even more energy-saving advice online at myrec.coop

In 2021, I Resolve To...

- Keep my thermostat set to 68 or lower in the winter. In the summer, I will set it to 78 or higher.
- When it's cold, I will turn down my thermostat a few more degrees before going to bed.
- Save up to purchase a smart thermostat for my home. They start at around \$100 and make it easier to adjust the settings, even remotely.
- Take shorter showers. I will adjust the temperature on my water heater to 120 degrees. If my water heater is in a garage or unconditioned space, I will consider purchasing a water heater blanket.
- Run appliances such as my dishwasher and washing machine only when they are full.
- Purchase only ENERGY STAR appliances.
- Significantly limit the use of a space heater in the winter and wear extra layers of clothing or use a small electric blanket if I get cold.
- Seal all windows and doors and make sure they all close tight.

↪ Share this list with your family to track your progress each month.



How Low Can you Go? Find out with My Usage!

Now that you have the steps mapped out to save energy in 2021, here's an easy way to monitor your energy use! Celebrate your successes and see in near-real-time how certain actions affect the amount of electricity you use each hour.

Get the whole family involved, and talk about what additional changes you can make together.

With the My Usage tool in MyREC SmartHub, you can:

- Track spikes in energy use.
- View hourly, daily, monthly and annual energy use.
- Compare energy use over time to make adjustments as needed.
- Access the Home Energy Calculator to find energy savings.

Get Started Today in your MyREC SmartHub account.

BE SMART. GET ALERTS.

STAY INFORMED DURING POSSIBLE POWER OUTAGES.

Receive a text when:

- REC knows power is out in your area.
- A crew has been dispatched.
- Power has been restored.
- The cause of the outage is known.

Sign Up Today: myrec.smarthub.coop